



11th - 14th October 2024

Blues Freestyle

SILC Freestyle

Ceroc Freestyle

Class - no need to book

Ceroc / SILC Mix Freestyle

Masterclass (Book in advance £10)

Mealtimes:
 Friday - 6pm - 8.30pm Dinner
 Saturday - 9.30am - 11.30am Breakfast
 Saturday - 5.30pm - 7.30pm Dinner
 Sunday - 9.30am - 11.30am Breakfast
 Sunday - 5.30pm - 7.30pm Dinner

FRIDAY

Time	Thunderball Room	Cyclone	Beach Bar / Boudoir	Tempest Studio
14:00-15:00	CLOSED	Freestyle Mix Welcome - Bar Open	Registration	Lounge
15:00-16:30	CLOSED	SILC Freestyle - David Rokov	Registration	Lounge
16:30-18:00	Ceroc Freestyle - Tim Sant	SILC Freestyle - Sheena Assiph	Registration	Lounge
18:00-19:00	SILC Foundation (ALL) - Caine & Charlie Intro to SILC	SILC Freestyle - Marc Forster	Registration	Lounge
19:00-20:00	Ceroc Freestyle - Dale St Rose	Sack the DJ	Registration	Lounge
20:00-21:00	Breeze Breaker (INT) - Tim Sant Ceroc Ice-breaker class	Sack the DJ	Registration	Lounge
21:00-22:00	Ceroc Freestyle - Jordan Fellows	SILC Freestyle - Dale St Rose	Registration	Lounge
22:00-23:00	Ceroc Freestyle - Debbie Attwood	SILC Freestyle - Miranda H-G	Lounge	Lounge
23:00-00:00	Ceroc Freestyle - Kevin Hyde	SILC Freestyle - Vince Silva	Lounge	Lounge
00:00-01:00	Ceroc Freestyle - John Baker	SILC Freestyle - David Rokov	Lounge	Lounge
01:00-02:00	SILC Freestyle - Caine Langford	Blues Freestyle - Marc & Rachel	Lounge	Lounge
02:00-03:00	SILC Freestyle - Charlie Brownlee	Blues Freestyle - Marc & Rachel	Lounge	Lounge
03:00-04:00+	SILC Freestyle - Vince Silva	Blues Freestyle - Marc & Rachel	Lounge	Lounge

Time	Thunderball Room	Cyclone	Beach Bar / Boudoir	Tempest Studio
SATURDAY				
09:30-10:30	CLOSED	CLOSED	Lounge	Yoga with Tim Sant (Bring your own Mat!)
10:30-11:30	Jump 'n' Jive (ALL) - Lyndsey Hill Fun Rock 'n' Roll / Swing class for all	Solid Foundations (INT) - Deej & Heidi Moors Balance, Counterbalance & Body Lines	Lounge	Available for Private Lessons
11:45-12:45	Step Up to the Slot (-INT) - Natalie Baker An introduction to slotting using Step-Up Moves	Kizomba (INT+) - Dale St Rose Slinky, Close Hold, Latino	Sack the DJ - Bar Open	Swagger - Matt Evans (Solo Leader Confidence Masterclass)
13:00-14:00	Fluidity (INT) - Dan H-G Seamless links, smooth styling plus new moves	Musicality (ALL) - Debbie Attwood Learn about stops, breaks and interpretation	Sack the DJ - Bar Open	Play - Heidi Moors (Solo Follower Style & Interpretation Masterclass)
14:15-15:15	Freestyle Mix - John Baker (2pm - 3.30pm)	Argentine Tango (ALL) - Marc & Rachel Intro to argentine tango	Sack the DJ - Bar Open	Micro-Blues - Ben & Emily (Blues Connection Masterclass for couples)
15:30-16:30	Speedy Centipetals (ADV) - Matt Evans Beautiful, counterbalanced rotations	SILC Freestyle - Vince Silva (3.15pm - 5pm)	Sack the DJ - Bar Open	Frame & Balance - Deej & Heidi Moors (Connection & Core Masterclass for couples)
16:45-18:15	Blues Intensive Intro (ALL) - Ben & Emily 1.5 hours to get into the Blues Groove!	SILC Freestyle - David Rokov (5pm - 6.30pm)	Sack the DJ - Bar Open	Available for Private Lessons
18:15-19:00	Blues Practice Freestyle	SILC Freestyle - Jordan Fellows (6.30-7pm)	Sack the DJ - Bar Open	Available for Private Lessons
19:00-20:00	SILC Breaker (ALL) - Caine & Charlie Recap and make take it to 'Progressive'	SILC Freestyle - Jordan Fellows	Sack the DJ - Bar Open	Available for Private Lessons
20:00-21:00	Ceroc Freestyle - John Baker	SILC Freestyle - Debbie Attwood	Sack the DJ - Bar Open	Available for Private Lessons
21:00-22:00	Ceroc Freestyle - Dale St Rose	SILC Freestyle - Charlie Brownlee	Sack the DJ - Bar Open	Lounge
22:00-23:30	Ceroc Freestyle - Miranda H-G	SILC Freestyle - Caine Langford	Lounge	Lounge
23:30-01:00	Ceroc Freestyle - Sheena Assiph	SILC Freestyle - Vince Silva	Lounge	Lounge
01:00-02:00	SILC Freestyle - David Rokov	Blues Freestyle - Marc & Rachel	Lounge	Lounge
02:00-03:00	SILC Freestyle - John Baker	Blues Freestyle - Marc & Rachel	Lounge	Lounge
03:00-04:00+	SILC Freestyle - Kevin Hyde	Blues Freestyle - Marc & Rachel	Lounge	Lounge

Time	Thunderball Room	Cyclone	Beach Bar / Boudoir	Tempest Studio
SUNDAY				
09:30-10:30	CLOSED	CLOSED	Lounge	Available for Private Lessons
10:30-11:30	Stop, Pause, Pose (INT)- Jordan & Shannon Blocks, stops & noses	Bachata (ALL) - Dale St Rose Intro to this latin dance	Lounge	Available for Private Lessons
11:45-12:45	All Eyes On Me (INT) - Deej & Heidi Ultimate partner awareness for perfect connection	Magic Moments (INT+) - Dan H-G 3 techniques that create an interpretative 'moment'	Sack the DJ - Bar Open	Swagger - Matt Evans (Solo Leader Confidence Masterclass)
13:00-14:00	Infinity & Beyond (INT+) - Tim Sant Smooth linking with infinite possibilities	Blango (Int+) - Marc & Rachel Blues / Tango Fusion	Sack the DJ - Bar Open	Micro-Blues - Ben & Emily (Blues Connection Masterclass for couples)
14:15-15:15	Freestyle Mix - David Rokov (2pm-3.30pm)	Styling to Music (Int) - Matt Evans Use arms, hips, heads & shoulders to match the music	Sack the DJ - Bar Open	Frame & Balance - Deej & Heidi Moors (Connection & Core Masterclass for couples)
15:30-16:30	Fancy Feet (INT) - Lyndsey Hill Intro to foot work and patterns	S'FUNK Freestyle - Vince Silva (3.15-4.30pm)	Sack the DJ - Bar Open	Play - Heidi Moors (Solo Follower Style & Interpretation Masterclass)
16:45-18:30	Developmental SILC Intensive (INT+) - Caine & Charlie Add light & shade and changes in speed in this 1.75 hr session designed to help you develop your own style to well and truly settle into the	SILC Freestyle - John Baker (4.30-5.30pm)	Sack the DJ - Bar Open	Yoga with Tim Sant (Bring your own Mat!)
18:30-19:15	Blues Practice Freestyle	SILC Freestyle - Kevin Hyde (5.30-6.30pm)	Sack the DJ - Bar Open	Available for Private Lessons
19:15-20:00	Salsa Rueda (ALL) - Debbie Attwood Salsa wheel where you switch partners throughout	SILC Freestyle - Ben Davies	Sack the DJ - Bar Open	Available for Private Lessons
20:00-21:00	Ceroc Freestyle - Dale St Rose	SILC Freestyle - Ben Davies	Sack the DJ - Bar Open	Available for Private Lessons
21:00-22:00	Ceroc Freestyle - Dale St Rose	Blues Breaker (ALL) - Ben & Emily Blues ice-breaker class	Sack the DJ - Bar Open	Available for Private Lessons
21:00-22:00	Ceroc Freestyle - Kevin Hyde	Blue Chill Freestyle - Sheena Assiph Bluesy SILC mix	Lounge	Lounge
22:00-23:30	Ceroc Freestyle - John Baker	SILC Freestyle - Miranda H-G	Lounge	Lounge
23:30-01:00	Ceroc Freestyle - Sheena Assiph	SILC Freestyle - Caine Langford	Lounge	Lounge
01:00-02:00	SILC Freestyle - Tim Sant	Blues Freestyle - Marc & Rachel	Lounge	Lounge
02:00-03:00	SILC Freestyle - Vince Silva	Blues Freestyle - Marc & Rachel	Lounge	Lounge
03:00-04:00+	Closing Battle of the DJs - John Baker and David Rokov	Blues Freestyle - Marc & Rachel	Lounge	Lounge