

# BREAKFAST MENU

## Full English Breakfast

Sausage, Fried Egg, Back Bacon Rashers, Hash Brown, Beans, Grilled Tomato and Toast

## Large Full English

A Larger Version of the Full English

## Vegetarian Breakfast (v)

Quorn Sausages, Hash Brown, Grilled Tomato, Beans and Toast

## Scrambled Egg, Salmon and Toast

## Breakfast Bap

Soft Flour Bap filled with Back Bacon Rashers and Pork Sausages

## Beans on Toast (v)

## Healthy Option (v)

Fresh Fruit & Yoghurt – Galia and Cantaloupe Melon, Strawberries and Blueberries served with Natural Plain Yoghurt and Toast

## Cereals (v)

Bran Flakes, Cornflakes, Granola, Weetabix, Alpen, Shredded Wheat, Rice Crispies and Frosties

## Tea or Coffee served with Breakfast

This is a sample three-course menu to give you a flavour of the type of food that will be on offer.

# LUNCH MENU

## STARTERS

Tomato & Roasted Red Pepper Soup (v)

Selection of Chilled Fruit Juices served to your table (v)

## MAIN COURSES

Traditional Cottage Pie

Buttered New Potatoes, Garden Peas, Gravy

Smoked Haddock & Spring Onion Fish Cake

Jacket Potato Wedges, Garden Peas, Parsley Sauce

Honey Root Vegetable & Quinoa Burger (v)

mixed Cherry Tomato & Cucumber Salad, and a Sweet Chilli Sauce

Chicken Stroganoff

steamed Rice & Sour Cream

Baked Jacket Potatoes

with a selection of fillings

Or choose from a selection of Salads, Cold Meats and Fish from our salad bar

## DESSERTS

Apple & Cinnamon Crumble (v)

served warm with Creamy Custard or Ice Cream

Or choose from a selection of Cold Desserts

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# DINNER MENU

## STARTERS

Cream of Mushroom Soup (v)

Prawn & Crayfish Cocktail

North Atlantic Prawns, Crayfish, Baby Gem Salad, Marie Rose Sauce

Deep Fried Breaded Camembert (v)

Dressed Leaves, Cumberland Sauce

## MAIN COURSES

Rosemary Roasted Lamb Rump

Buttered New Potatoes, Roasted Root Vegetables, Rich Minted Gravy

Turkey à la King

Steamed Rice & Garlic Bread

Supreme of Salmon

Buttered New Potatoes, Sautéed Courgettes, Dill Cream Sauce

Aubergine, Chickpea & Coconut Curry (v)

served with Vegetable Rice

## DESSERTS

Lemon Meringue

Raspberry Eton Mess

Millionaire's Cheesecake

Malted Milk and Irish Cream Torte

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